

Stanford University Women's Basketball Presents:

WHERE ARE THEY NOW? WHERE ARE YOU GOING?

# HARD WORK

WITH COACH TARA VANDERVEER



AN INTERACTIVE ILLUSTRATED STORY  
WHERE YOU WRITE THE ENDING!



STANFORD UNIVERSITY WOMEN'S BASKETBALL PRESENTS:

**WHERE ARE THEY NOW? WHERE ARE YOU GOING?**

# HARD WORK

Welcome to “**HARD WORK**”, part two of the **Interactive Creative Writing Program from the Stanford Women's Basketball team and Coach Tara VanDerveer.**

In its first year, the program is an initiative to promote reading, writing, and creative thought in elementary school children.

The program runs from September 2010, through the spring of 2011, with each participant reading the provided illustrated workbooks, and finishing up each story either online or through the printed version you hold in your hands.

Participants submit their results to their teachers or finish the story online at [www.gostanford.com/sports/w-baskbl/wbbgrant.html](http://www.gostanford.com/sports/w-baskbl/wbbgrant.html)

A winner will be chosen from each school and you can read about them online!

**But that's not all! At the back of this workbook, you will find a voucher for free admittance to a Stanford Basketball game on January 22, 2011. Just bring your parents, brothers, sisters, and all your friends, and listen for an announcement of winners during the game!**

Good luck to everyone who participates!  
Coach VanDerveer and Stanford University salute you!

For information on participating in this program, please e-mail Sarah Boruta — [sboruta@stanford.edu](mailto:sboruta@stanford.edu)





COACH VANDERVEER--- COMING OUT OF THE I-CARDINAL DEVICE SHE GAVE US!

FROM THE DEVICE ON JAMES DESK APPEARS A MINIATURE PROJECTION (ALSO KNOWN AS A HOLOGRAM) OF STANFORD WOMEN'S BASKETBALL COACH TARA VANDERVEER!



THAT'S RIGHT, JAMES--- IT SEEMS LIKE YOU NEED MY HELP TO LEARN THE POWER OF HISTORY-- AND HARD WORK!

WORKING HARD GOES BEYOND SPORTS--- IN FACT, HARD WORK IS THE KEY FACTOR IN MANY GREAT MOMENTS IN HISTORY...

...THE INDUSTRIAL REVOLUTION, THE CURE FOR POLIO, AND MORE!

...ALL OF WHICH YOU WOULD KNOW ABOUT IF YOU WEREN'T SLEEPING IN CLASS!

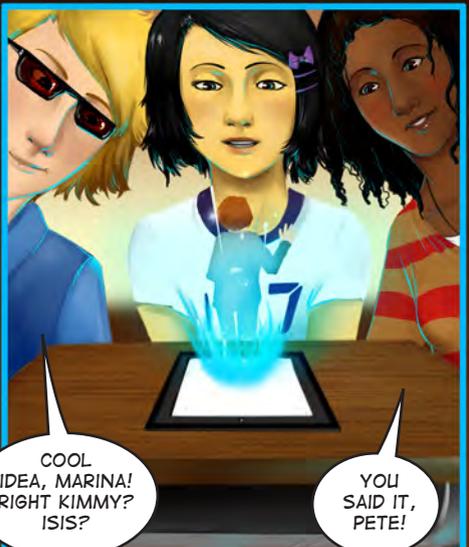
**HARD WORK WRITING WARM-UP**  
WHY IS IT IMPORTANT TO WORK HARD IN SCHOOL?  
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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
  
**IN BASKETBALL, WHAT ARE SOME THINGS YOU CAN DO TO IMPROVE YOUR SKILLS?**  
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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I WASN'T ASLEEP!



THEN WHY IS THERE DROOL ON YOUR FACE? HA HA!

HI, COACH! MAYBE YOU AND THE I-CARDINAL DEVICE CAN HELP US LEARN MORE ABOUT HARD WORK!



COOL IDEA, MARINA! RIGHT KIMMY? ISIS?

YOU SAID IT, PETE!



THEN IT'S SETTLED! HOLD ON, AND GET READY!

WITH A SNAP OF HER HOLOGRAPHIC FINGERS, COACH VANDERVEER ACTIVATES A STRANGE AND MAGICAL APPLICATION ON THE I-CARDINAL DEVICE!

IT'S TIME TO GO ON A LITTLE TRIP!

AWESOME!

WE'RE TRAVELING THROUGH SPACE...

...OR TIME! LOOK!



HEY, THIS LOOKS SO VERY DIFFERENT, BUT FAMILIAR!

LOOK AT THAT GIANT TEMPLE!

WOW, WE'RE IN THE TIME OF THE INCA!

WHAT A GREAT WAY TO LEARN HISTORY!

I'LL TELL YOU WHAT I'VE LEARNED...

ANCIENT MOSQUITOES LOVE ME! YIKES!



LOOK AT THIS, KIMMY, AND YOU'LL REALLY LEARN SOMETHING!

INVISIBLE TO THE PEOPLE OF ANOTHER TIME, COACH VANDERVEER AND THE KIDS OBSERVE AN ANCIENT RITUAL--- A GAME!

THE INCAN PEOPLE HAD THEIR OWN GAME SIMILAR TO BASKETBALL!

WOW, IT'S LIKE A SIDEWAYS BASKETBALL HOOP!

**THE INCA EMPIRE: HARD WORK AND HISTORY!**  
THE INCAS PLAYED HARD, BUT WORKED HARD TOO!  
**ARCHITECTURE:** THE INCA CONSTRUCTED ENORMOUS STONE TEMPLES THAT TOOK YEARS TO BUILD! THE STONES FIT TOGETHER SO WELL THAT ONE COULD NOT FIT A KNIFE THROUGH THE STONEMWORK.  
**ROADS:** THE INCA HAD AN EXTENSIVE ROAD SYSTEM THAT RAN FOR THOUSANDS OF MILES ALONG THE COAST OF THE OCEAN! ONLY BY WORKING TIRELESSLY AS A TEAM DID THEY ACHIEVE THESE FEATS!

**HARD WORK WRITING WARM-UP**

WHAT ARE SOME THINGS THAT YOU WORK HARD AT, AS A SON OR DAUGHTER, BROTHER OR SISTER, OR AS A TEAMMATE?

\_\_\_\_\_

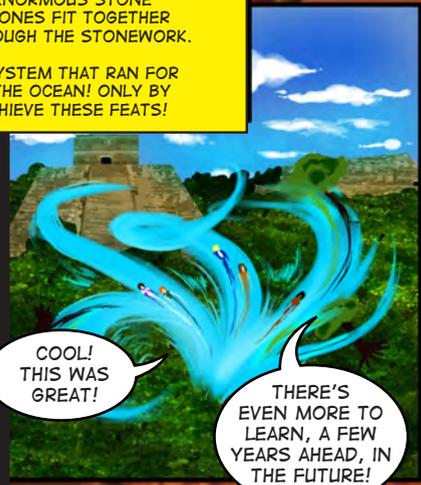
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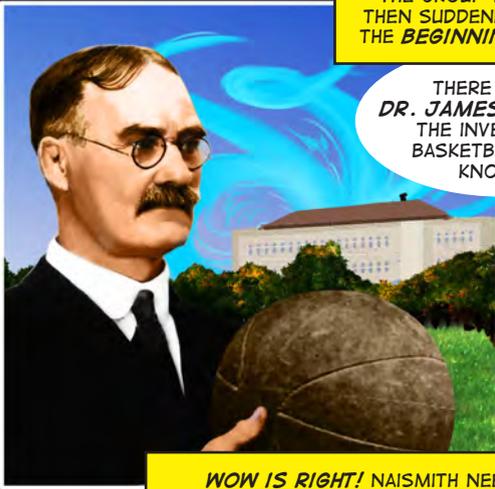


COOL! THIS WAS GREAT!

THERE'S EVEN MORE TO LEARN, A FEW YEARS AHEAD, IN THE FUTURE!

ONCE AGAIN, THE I-CARDINAL DEVICE BEGINS TO GLOW, AND THE GROUP IS SWEEPED THROUGH TIME!

THE GROUP TRAVELS QUICKLY THROUGH TIME. THEN SUDDENLY THEY COME FACE TO FACE WITH THE **BEGINNING OF AMERICAN BASKETBALL!**



THERE HE IS--  
**DR. JAMES NAISMITH,**  
THE INVENTOR OF  
BASKETBALL AS WE  
KNOW IT!

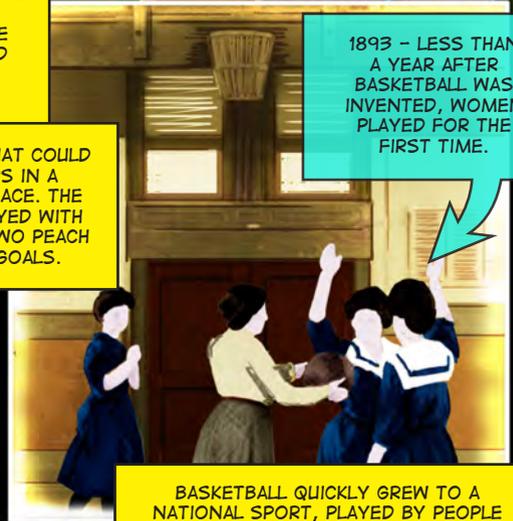
HE CREATED  
THE GAME IN 1892,  
IN SPRINGFIELD,  
MASSACHUSETTS,  
AT THE SCHOOL IN  
WHICH HE WAS  
TEACHING!

WOW!

**WOW IS RIGHT!** NAISMITH NEEDED TO FIND A SPORT THAT WAS SUITABLE FOR PLAY INSIDE DURING THE MASSACHUSETTS WINTER FOR THE STUDENTS. NAISMITH WANTED TO CREATE A GAME OF SKILL FOR THE STUDENTS INSTEAD OF ONE THAT RELIED SOLELY ON STRENGTH.

HE NEEDED A GAME THAT COULD BE PLAYED INDOORS IN A RELATIVELY SMALL SPACE. THE FIRST GAME WAS PLAYED WITH A SOCCER BALL AND TWO PEACH BASKETS USED AS GOALS.

1893 - LESS THAN A YEAR AFTER BASKETBALL WAS INVENTED, WOMEN PLAYED FOR THE FIRST TIME.



BASKETBALL QUICKLY GREW TO A NATIONAL SPORT, PLAYED BY PEOPLE OF EVERY AGE AND COLOR! THE ORGANIZATION THAT WOULD BECOME THE **NCAA\*** STARTED IN 1906. THE **NBA\*\*** DEBUTED IN 1946!

THAT'S THE HISTORY OF NAISMITH'S HARD WORK...

NOW LET ME SHOW YOU THE HARD WORK OF SOME WOMEN I AM VERY PROUD OF...



\* NCAA - NATIONAL COLLEGIATE ATHLETIC ASSOCIATION  
\*\* NBA - NATIONAL BASKETBALL ASSOCIATION

THE YOUNG CLUB ARRIVES IN A SOMEWHAT FAMILIAR PLACE...



## SONJA HENNING

Played for Stanford: 1987-1991

When Sonja was a freshman, Coach VanDerveer held a practice that involved a lot of teaching and instruction, but little running and conditioning. After practice, Coach VanDerveer usually went running, and on this day, she saw Sonja outside running as well. When they passed each other they didn't say a word, but to Coach VanDerveer, Sonja's message was clear—that she hadn't worked hard enough in practice. Sonja wanted to win so badly that she was willing to work extra to prepare herself.

WE'RE BACK AT STANFORD--- BUT THESE PLAYERS ARE FROM THE WOMEN'S BASKETBALL PROGRAM'S PAST!

FROM ALL DIFFERENT TIMES--- THESE WERE ALL HARD WORKING PLAYERS THAT MADE CARDINAL FANS CHEER!



THE I-CARDINAL DEVICE FLASHES, AND THE KIDS SEE ANOTHER STANFORD PLAYER!

## JENNIFER AZZI

Played for Stanford: 1987-1990

Jennifer loved to play basketball and would always call up her friends and ask them to come to the gym to play with her—even on Sunday mornings. On Sunday afternoons, Jennifer would work on her shooting. Jennifer was not a good shooter, so she would call Coach VanDerveer and ask her to come to the gym and rebound for her. Jennifer would shoot 3-pointers from seven spots around the 3-point arc and was determined to make 8 or more 3-pointers out of 10 tries at each spot. One day, Jennifer and Coach VanDerveer were in the gym for four hours before Jennifer accomplished her goal, and Coach VanDerveer thought her arms were going to fall off from rebounding so much! Jennifer worked extremely hard and it paid off when she and her teammates won the National Championship.



THE I-CARDINAL DEVICE FLASHES, AGAIN AND WE SEE ANOTHER OF STANFORD'S HISTORICAL PLAYERS:

## SUSAN BORCHARDT

Played for Stanford: 2000-2005



When Susan came to Stanford as a freshman, all of the freshmen had orientation which lasted all day long for a week. Typically, basketball practice would start the week after orientation, and players were expected to work out during the summer and come back to campus in good shape. When Susan saw the all-day orientation schedule, she told the other freshmen to meet in the weight room at 6:30am every morning to lift, bike, and shoot, because it was the only free time they would have to work out. Susan's dedication resulted in not only the freshmen in the weight room early, but also the upperclassmen who did not want to be shown up by their young teammates. Susan was a hard worker who motivated her teammates to work hard as well.

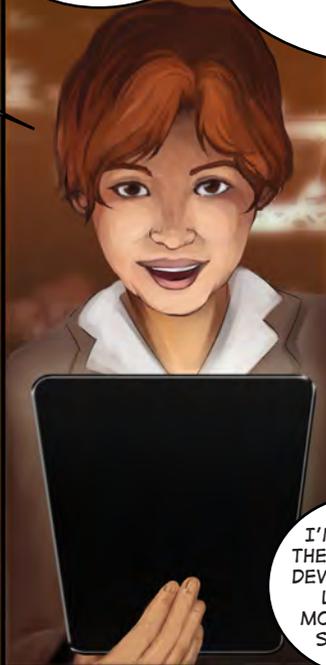
WOW, THEIR HARD WORK REALLY PAID OFF!

WELL, THEY DIDN'T JUST WORK HARD ON THE COURT!

THEY ALSO WORKED HARD IN SCHOOL AND THE RESULTS ARE OBVIOUS:

**HENNING** BECAME A LAWYER AND BUSINESSWOMAN. **AZZI** IS THE HEAD COACH OF THE UNIVERSITY OF SAN FRANCISCO'S WOMEN'S BASKETBALL TEAM, AS WELL AS AN ACCOMPLISHED MOTIVATIONAL SPEAKER.

**BORCHARDT** BECAME A CERTIFIED STRENGTH TRAINER AND NUTRITIONIST.



I'M SETTING THE I-CARDINAL DEVICE TO TELL US SOME MORE PLAYER STORIES...

NO, WAIT! I WANT MORE OLD TIME HISTORY!

ISIS!  
GIVE IT  
BACK!

IT'S MY  
TURN!

THE GIRLS HIT BUTTONS ON THE I-CARDINAL  
DEVICE AT THE SAME TIME, RESULTING IN A  
TIDAL WAVE OF COLOR!

YIKES!

LOOK  
WHAT WE  
DID!

I TAKE IT  
BACK-- YOU  
CAN HAVE A  
TURN!

IT'S TOO  
LATE NOW!

HEY--  
WE'VE ENDED UP  
SOMEWHERE NEW--  
BUT COACH VANDER-  
VEER IS GONE!

LOOK!  
THE LIGHTS,  
THE BUILDINGS!  
THIS MUST  
BE...





**RIIIING!!!**



AS JAMES PACKS UP HIS SCHOOL BOOKS, HE FAILS TO NOTICE A CERTAIN STANFORD COACH SMILING AND HOLDING A FUTURISTIC BALL...

THE STUDENTS QUICKLY LEAVE SCHOOL, HEADED FOR BUSES, OR A SHORT WALK HOME.

FOR JAMES, MARINA, KIMMY, PETE, AND ISIS, IT'S TIME TO HEAD TO THE BASKETBALL COURTS...

...AND WE LEARNED ABOUT HARD WORK, AND SAW ALL THESE COOL THINGS!..

WHAT ABOUT THE PART WITH THE INCA? AND DR. NAISMITH?

MY FAVORITE PART WAS SEEING STANFORD WIN THE NCAA CHAMPIONSHIP IN THE FUTURE!

WELL, WHO'S READY TO PLAY HARD DOWN AT THE COURTS? KIMMY? JAMES?

YOU BET-- THEN I'M HEADED HOME TO WORK HARD ON MY HISTORY AND MATH!

WHAT A DREAM! IT SURE SEEMED REAL...

THE KIDS HEAD OFF TO PLAY, NOT SURE WHAT HAPPENED. ONLY LATER, WHEN JAMES PULLS OUT HIS HOMEWORK AND FINDS A CHAMPIONSHIP BANNER FROM THE FUTURE, WILL THEY TRULY KNOW WHAT HAPPENED-- OR WILL THEY?

THE END

# AUTOGRAPHS

**GET YOUR STANFORD WOMEN'S BASKETBALL  
PLAYER AUTOGRAPHS AT THE GAME!**



gostanford.com

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Name of Student

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School

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School (continued)

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Grade

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Name of Teacher

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Name of Parent

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Parent Email

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Address

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Address (continued)

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Address (continued)

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# FREE ADMISSION

**Stanford University  
Women's Basketball**

**VS.  
USC**

**JANUARY 22, 2011  
MAPLES PAVILION  
2:00 PM**

VOUCHER IS VALID  
FOR ONE CHILD UNDER  
THE AGE OF 14.

SCHEDULE & GAME  
TIMES SUBJECT TO  
CHANGE. VISIT  
GOSTANFORD.COM  
FOR UPDATES.

COME  
JOIN THE  
FUN!



COACH TARA VANDERVEER

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